



Inc VTTA M/CR & NW Presents their Open 25 Mile Time Trial (Cheshire Points Series 16 of 20) On Saturday 15th July 2023 @ 2.00pm

The event is 'Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations'

Event Secretary:

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Event HQ:

Allstock Village Hall, Chapel Lane, Cheshire, WA16 9LN. Signposted off the A50 Holmes Chapel to Knutsford road (3 miles north of Holmes Chapel).

Time Keepers:

Tony Millington (start) and Bob Norton (finish)

Prize List: (1 prize per rider except team prize)

	Open	Female	VTTA AAT*	Road	Handicap	Team of 3
1st	£40	£40	£30	£30	£30	£20
2nd	£30	£30	£20	£20	£20	
3rd	£20	£20	£10	£10	£10	

*VTTA members only

The overall winner receives the Dennis Chapman trophy for one year and two tickets to the Seamons CC dinner in November.

There have been numerous road works this year on the course. In case the J2/9 is unavailable, please make yourself familiar with the J4/8 as an alternative. <https://www.cyclingtimetrials.org.uk/course-details/j4-8>

COURSE J 2/9 25 miles

START

At A "JS2" mark in Bomish Lane (Jodrell Bank to Goostrey road). At a telegraph pole No 2 approx. 300yds west of the A535.

Proceed East to the A535 and forward on the A535 to:-

CHELFORD ISLAND 2.169 m

2nd exit left on the A537 to Seven Sisters lane at:-

OLLERTON CROSS ROADS 5.219 m

left along the lane to the A50 and left on the A50 to Twemlow Lane at:-

CRANAGE 11.408 m left into and along the lane to join the A535 at

Twemlow Green, left to:-

CHELFORD ISLAND 18.064 m

2nd exit left on the A537 to Seven Sisters Lane at

OLLERTON CROSS ROADS 21.052 m

left along the lane to the A50 and, left on the A50 to:-

FINISH 25.000 m

At a "JF2" mark opposite the right hand field gate post opposite and just before the entrance to the Mount Pleasant Nursing Home approx. 200 yards after Mangoletsi Car dealership.

Directions to the start:

The start is 4.5 miles from the HQ so please allow sufficient time to get there. Suggested route to start: from the HQ, carry on to the end of Chapel Lane. Turn right on to the A50 London Road and first left on to New Plat Lane. Go left on to the Main Road and proceed through Goostrey Village and turn left at the church on to Blackden Lane. Bear right on to Bomish Lane and continue to the start, shortly after Jodrell Bank.

Directions from the finish:

Turn right shortly after the finish on to Chapel Lane.

SAFETY NOTES

1. No parking at the start or finish. Vehicles must not be parked, however briefly, in any part of the access area to Mount Pleasant Nursing Home, opposite the finish. No parking for competitors or helpers at the start on Bomish Lane
2. Riders must not stop at the finish or ask the timekeeper for times but should continue on to the event headquarters.
3. Competitors must ride in a safe manner within the rules of the roads and not take risks. Bicycles must be safe to ride according to Regulation 14.
4. Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders MUST NOT USE their tri-bars between the first bollard they pass on entering the island and the last bollard they pass leaving it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.
5. Care At Road Junctions. Riders must exercise care at all junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.
6. Riders must take care when turning left into Seven Sisters Lane and Twemlow Lane not to swing right into the path of following traffic before turning left.
7. Riders must take extra care when exiting from Seven Sisters Lane onto the A50. Observers will report riders who breach this rule.
8. Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.
9. All competitors must wear a properly affixed helmet which must be of hard/soft/ shell construction. See Regulation 15.
10. It is mandatory that a working front and rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use. See Regulation 14
11. Following, preceding or accompanying vehicles are NOT permitted during this event. This is covered in Regulation 21, 22 and contravention will result in riders being called to a disciplinary hearing by the District Committee.

GENERAL NOTES

1. Riders must sign the signing on sheet and collect their number at the HQ before starting.
2. Riders must return their number to the HQ after riding and sign out. A rider who fails to sign the official signing-out sheet and return their number shall be recorded as DNF.
3. This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.
4. Road Bike Criteria: the road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm. Road Bikes competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" position or simulate a TriBar position by resting the forearms on the handlebars.

Sponsored Clubs:

Warrington Road Club

Congleton CC - MyWindWock

Leek CC – Den Engel Belgian Bar

Buxton CC – Sett Valley Cycles

Key:

O – Open event

R – Restricted: female as defined by CTT Transgender Policy

J – Junior

E – Espoir

S – Senior

V – Veteran

M – Male

F - Female

TT – Time Trial bicycle

Road – road bicycle, see general note 4

No	Time	Rider	Club	Cat	G	Bike	H'Cap	VTTA AAT*
3	14:03	Jeanette Barber	Seamons CC	RV	F	TT	00:24:40	00:13:13
4	14:04	Nigel Wood	Clwb Seiclo Caergybi / Holyhead Cycling Club	OV	M	Road	00:15:00	-
5	14:05	Jonathan Lloyd	Westmead Team 88	OV	M	TT	00:08:40	00:03:07
6	14:06	Simon Phillips	Stockport Tri Club	OV	M	TT	00:11:00	00:05:11
7	14:07	Robbie Harcourt	Salford Cycling Club	OV	M	TT	00:14:00	00:04:32
8	14:08	Michelle Fairclough	Velotik Racing Team	RV	F	TT	00:19:20	00:07:40
9	14:09	Daniel Mathers	Seamons CC	OV	M	TT	00:10:00	-
10	14:10	Richard Shaw	Seamons CC	OV	M	TT	00:06:40	00:02:52
11	14:11	Mike Walker	Congleton CC	OV	M	TT	00:10:00	00:00:44
12	14:12	Richard Baker	Audlem Cycling Club	OV	M	TT	00:13:00	-
13	14:13	Liam Kwan	Stretford Wheelers CC	OV	M	TT	00:15:20	-
14	14:14	Lisa Ho	Newcastle (Staffs) Tri Club	RS	F	TT	00:26:00	-
15	14:15	Martin Wiggan	Seamons CC	OV	M	TT	00:08:40	-
16	14:16	Mick Hutchins	Congleton CC	OV	M	TT	00:11:00	00:01:31
17	14:17	Paul Basson	ABC Centreville	OV	M	TT	00:14:40	00:02:20
18	14:18	Ian Casson	Birkenhead Victoria CC	OV	M	TT	00:18:40	00:08:23
19	14:19	Joanna Ceburat	360cycling	RV	F	TT	00:13:00	00:07:01
20	14:20	Adrian Hughes	Seamons CC	OV	M	TT	00:05:40	00:03:23
21	14:21	David Fox	Warrington Road Club	OV	M	TT	00:09:40	-
22	14:22	Alice Taylor	Congleton CC	RS	F	TT	00:12:40	-
23	14:23	Jenny Zwijnen	Total Tri Training	RV	F	TT	00:16:00	-
24	14:24	Daniel Goodwin	Glossop Kinder Velo Cycling Club	OS	M	TT	00:23:00	-
25	14:25	Mat Stephenson	Congleton CC	OV	M	TT	00:08:20	00:03:07
26	14:26	Tim Marshall	Seamons CC	OV	M	TT	00:11:00	00:01:19
27	14:27	Kelvin Milward	Congleton CC	OV	M	TT	00:14:20	-
28	14:28	Jac Gruffydd	Caffi Gruff	OS	M	Road	00:18:00	-
29	14:29	John Leach	Rosendale RC	OV	M	Road	00:32:00	00:13:02
30	14:30	Bradley Murphy	SKCC	OV	M	TT	00:05:40	-
31	14:31	Alex Critcher	Team Wheelguru	OV	M	TT	00:09:40	00:01:19
32	14:32	Phil Robinson	Janus Road Club	OV	M	TT	00:12:00	00:02:52
33	14:33	Chris Rainford	VTTA North Lancs and Lakes Group	OV	M	TT	00:16:00	00:03:56
34	14:34	Roger Squire	Fibrax Wrexham RC	OV	M	TT	00:19:00	00:02:52
35	14:35	Casper Von Folsach	HUUB WattShop	OS	M	Road	00:08:00	-
36	14:36	Daniel Chesters	Warrington Road Club	OV	M	TT	00:11:20	-
37	14:37	Paul Robinson	Stone Wheelers CC	OV	M	TT	00:14:20	-
38	14:38	Lynsey Astles	Congleton CC	RV	F	TT	00:17:20	00:07:40
39	14:39	Alexander Munro	SVTTA	OV	M	TT	00:28:50	00:25:30
40	14:40	Alastair Ribbands	Congleton CC	OV	M	TT	00:04:00	00:00:00
41	14:41	Paul Taylor	North Lancashire Road Club	OV	M	TT	00:09:40	-
42	14:42	Anthony Lock	Manchester Triathlon Club	OS	M	TT	00:11:20	-
43	14:43	Emma-Jane Bradfield	Total Tri Training	RV	F	TT	00:16:40	-
44	14:44	Alison Stephenson	Congleton CC	RV	F	TT	00:22:00	00:09:09
45	14:45	Eddie Monteith	Warrington Road Club	OS	M	TT	00:07:40	-

No	Time	Rider	Club	Cat	G	Bike	H'Cap	VTTA AAT
46	14:46	Lloyd Smith	Weaver Valley CC	OS	M	TT	00:11:00	-
47	14:47	Michael Kateley	Team Wheelguru	OV	M	TT	00:14:20	-
48	14:48	Emma Houterman	North Lancashire Road Club	RS	F	TT	00:17:00	-
49	14:49	Alan Shuttleworth	Weaver Valley CC	OV	M	TT	00:28:00	00:11:41
50	14:50	Mat Ivings	Buxton CC	OV	M	TT	00:04:00	00:01:56
51	14:51	Kevin Larmer	Port Sunlight Wheelers	OV	M	TT	00:09:00	00:02:23
52	14:52	David Jones	North Cheshire Clarion	OV	M	TT	00:12:00	-
53	14:53	Stephen Turner	Westmead Team 88	OV	M	TT	00:15:40	00:05:31
54	14:54	Alexander Bayliss	Lyme Racing Club	OS	M	Road	00:21:40	-
55	14:55	Louis Thomas-Messenger	Macclesfield Wheelers	OS	M	TT	00:07:40	-
56	14:56	David Wright	Warrington Road Club	OV	M	TT	00:11:20	00:05:53
57	14:57	Claire Harrison	Congleton CC	RV	F	TT	00:15:00	00:08:08
58	14:58	Derek Schofield	Rossendale RC	OV	M	TT	00:17:00	-
59	14:59	Tracy Gregory	Buxton CC	RV	F	TT	00:28:00	00:10:37
60	15:00	David Parkin	Velotik Racing Team	OS	M	TT	00:03:00	-
61	15:01	Michael Summers	Team Wheelguru	OV	M	TT	00:09:20	00:01:43
62	15:02	Tony Clarke	Total Tri Training	OV	M	TT	00:11:40	-
63	15:03	Penny Thorn	Port Sunlight Wheelers	RV	F	TT	00:16:40	-
64	15:04	Paul Emmins	Salford Cycling Club	OS	M	TT	00:20:00	-
65	15:05	Mark Lovatt	Congleton CC	OV	M	Road	00:07:20	-
66	15:06	Anna Weaver	Team Kirkley Cycles	RS	F	TT	00:11:00	-
67	15:07	Stephen Sladin	Congleton CC	OV	M	TT	00:14:00	-
68	15:08	Andy Whitehead	Seamons CC	OV	M	TT	00:17:00	-
69	15:09	Janet Wyles	Cheshire Maverick Cycle Club	RV	F	TT	00:27:20	-
70	15:10	Tristan Pilling	360cycling	OE	M	TT	00:03:00	-
71	15:11	Peter Howarth	Stretford Wheelers CC	OV	M	Road	00:08:40	-
72	15:12	Ian Peacock	Leek CC	OV	M	TT	00:12:00	00:08:52
73	15:13	Jamie Twist	TricentralUk	OS	M	TT	00:12:00	-
74	15:14	Carl Hodkinson	Team Wheelguru	OV	M	TT	00:20:00	-
75	15:15	Stephen Dooley	Seamons CC	OV	M	TT	00:06:40	00:00:11
76	15:16	Lucy Rogers	Congleton CC	OV	F	TT	00:10:40	00:02:52
77	15:17	Nick Hickman	Team Salesengine.co.uk	OV	M	Road	00:14:00	00:03:23
78	15:18	John Verbickas	Seamons CC	OV	M	TT	00:26:00	00:12:20
79	15:19	Peter Jackson	Macclesfield Wheelers	OV	M	TT	00:16:40	00:06:38
80	15:20	Alan Chorley	Seamons CC	OV	M	TT	00:02:20	00:02:23
81	15:21	Joe Rendall	Congleton CC	OS	M	TT	00:08:40	-
82	15:22	Richard Tennant	Manchester Triathlon Club	OS	M	TT	00:11:40	-
83	15:23	Philip Wood	Macclesfield Wheelers	OV	M	TT	00:15:40	-
84	15:24	William Slater	Newcastle (Staffs) Tri Club	OS	M	TT	00:06:00	-
85	15:25	Alexander Royle	Manchester Bicycle Club	OS	M	TT	00:00:00	-

- For VTTA members